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# Welcome to the Safe Steps Presentation

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# Safe Steps

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# Leading to a better future

- What is Safe Steps?
- Who are we?
- Who would benefit?
- Programme Structure
- Why it works
- How it delivers value
- Q & A

# Safe Steps

For young people between the ages of 8 and 16 years who have challenging behaviours and complex needs resulting in

1. Expensive crises residential care or
2. Repeat placement disruption

Safe Steps is a partnership between Marlowe Child & Family Services and Pathway Care

# Who are we?

## Pathway Care

- Established 1996
- Leading provider of family based children's services
- Includes specialist placement services

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# Who are we?

Marlowe Child & Family Services

- Established 1991
- Residential care
- Special education & clinical services

Focussed on young people who present as challenging

# Why a partnership?

- Identified a real need for this service
- Combines skills, expertise and experience
- Shared ethos of high quality outcomes & value

Allows an holistic child centred solution with better outcomes

# What is Safe Steps?

A service that helps young people move to a stable family based environment

- Innovative
- Intensively managed and highly structured

Benefits the Local Authority as well as the young person

# Who would benefit?

Young people who are

- Struggling to function within a family
- Caught in a spiral of deteriorating behaviour
- Requiring specialist clinical inputs
- In need of a comprehensive assessment
- Already in crises residential care

Safe Steps is unique to each individual's needs

# Who would benefit?

Young people demonstrating one or more of a range of complex needs

- Behavioural
- Emotional
- Psychological
- Learning

# What is Safe Steps?

## Outcomes

- Being healthy
- Staying safe
- Enjoying and achieving
- Economic well being
- Making a positive contribution

Facilitates access to a range of placement options & enhanced life opportunities

# Safe Steps Programme Structure

A 3 Step programme of 12 - 18 months duration

- Safe Steps intensive preparatory residential care
- Safe Steps placement with intensive outreach support
- Safe Steps specialist family placement

An integrated & planned transition process with appropriate “wrap around” support and clinical interventions

# Safe Steps Programme Structure

Dedicated residential resources exclusively for Safe Steps

- 2 x Safe Steps residential units
- Accept same day & planned admissions
- High staffing levels 24 / 7
- Comprehensive assessment service
- Education facilities

# Safe Steps Programme Structure

Step 1 - Comprehensive psychological and social assessment includes for example

- Wechsler
- Impulse control
- Conduct disorders
- Autistic spectrum disorders
- Depression

Informs the behaviour support plan and the matching process

# Safe Steps Programme Structure

Education is an essential element of every young persons' development and an integral part of the structure of Safe Steps programme

- Mainstream provision
- Local Authority special school
- Marlowe special needs schools

Safe Steps will source the most suitable education provision in consultation with the Local Authority

# Safe Steps Programme Structure

## Step1 - Residential (3-6 months)

- Comprehensive clinical assessment
- Behaviour management plan
- Key relationships established
- Carers identified, matched and prepared for placement

Introduction to placement devised and implemented at young persons' pace

# Safe Steps Programme Structure

Step 2 - Initial transition with intensive outreach support (6 months)

- Safe Steps family based placement
- Clinical interventions continue as required
- Clinical consultation & guidance to carers

Wrap around outreach support based on placement's needs

# Safe Steps Programme Structure

Step 3 - Safe Steps placement Transitions to stand-alone family based placement

- Consolidation & planning for the future
- Assess progress in managing behaviour & environment
- Clinical interventions as required
- Increased involvement of Local Authority social worker

Young person engaged in care planning

# Care Planning Options

Post Safe Steps, Local Authority now has a choice of cost effective care options

- A move to a Local Authority placement
- Return to extended family
- Supported living
- Remaining with their Safe Steps carers

# Why it works - the proof

## Case Study 1 - SC age 13

- 8 placements between the ages of 8 + 12 – partly due to negative maternal influence and challenging behaviour
- Emergency placement
- Completed residential programme
- Early match and introduction to foster carers
- Remained in education throughout
- Continued with therapeutic support
- Very settled with the carers and making good progress – excellent outcome

# Why it works - the proof

## Case Study 2 – MA age 9

- History of challenging behaviour – violence, biting, self harm, hitting carers
- Completed residential programme
- Early match and introduction to foster carers
- Remained in mainstream education throughout
- Continuing with therapeutic support
- Very settled with the carers and will remain with them on completion of the programme – excellent outcome

# Why it works

Developed as an integrated, seamless transition programme

- Understanding of need based on robust assessment process
- Establishes routines, boundaries & structures
- Continuity of relationships throughout
- Quality of wrap around support and Safe Steps carers
- Monthly reviews keep process on track

Engages the young person in their care planning

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# How it delivers value...

Safe Steps =

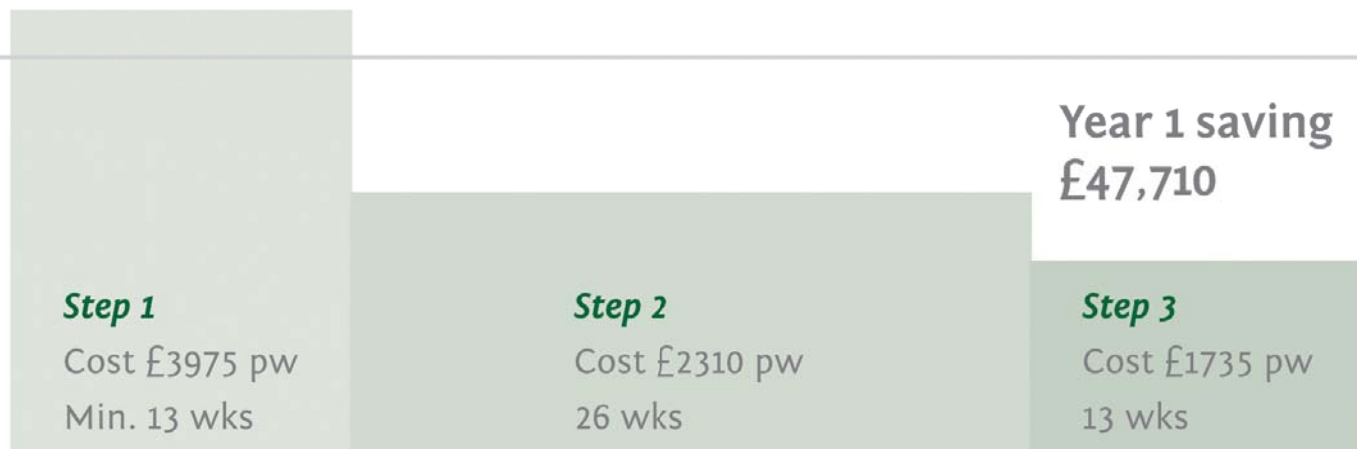
Superior Outcomes + Significant Savings

# How it delivers value...

## Safe Steps Programme Costs

Residential care costs £3500 pw

Safe Steps programme costs step by step



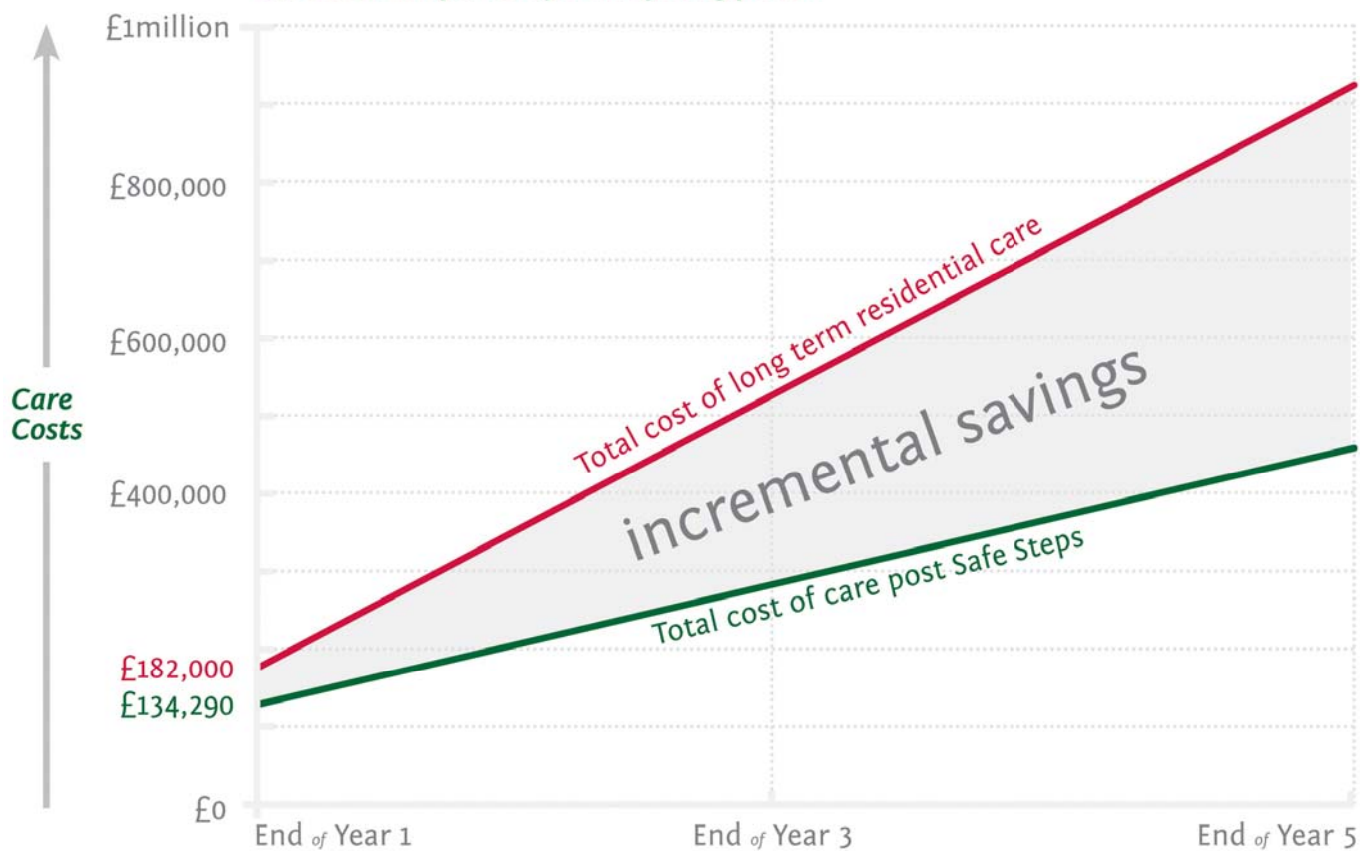
Total Residential care costs £182,000 pa

Total Safe Steps programme costs £134,290 pa

Programme costs reduce over time as inputs requirement diminishes.

# How it delivers value...

Care cost comparison for one young person



# Q&A Session

Thank you for listening

Our Question to you, how many of your LAC's could benefit from Safe Steps?

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